**St. Joe’s Awakening – Packing List**

WHAT TO BRING FOR THE WEEKEND RETREAT

* Clothes for Friday evening, Saturday, and Sunday (comfortable clothing)
* Coat (or other outside clothing)
* Sleeping bag / pillow
* Bath towel / wash cloth
* Personal toiletries
* Tennis shoes (possible hike) & inside shoes
* Any prescription medication (if applicable)
* Most importantly:  **AN OPEN HEART**

OPTIONAL

* Water Bottle
* Bible
* Rosary
* Journal